



HIV positive Charlie Sheen's doctor is celebrity weight loss expert who stars on Biggest Loser

The 50-year-old actor opened up to Matt Lauer on the Today show in America, and welcomed his doctor on air

By Rebecca Pocklington | November 17, 2015

Charlie Sheen bravely revealed he's HIV-positive in an exclusive interview with journalist Matt Lauer today, and welcomed his doctor **Robert Huizenga** on to support him mid-way through.

But Dr. Robert is already a well known face on TV, as he's appeared on NBC's The Biggest Loser.

The medical professional, also referred to as Dr. H, has appeared on the NBC show over the past 14 seasons, helping contestants shed the pounds through intense exercise regimes and healthy eating.

Huizenga began his successful career back in 1983 as the team physician for the NFL's Los Angeles Raiders - working with them for eight years.

He was also president for the NFL Physicians Society for four years.

Branching away from the NFL, he then wrote famous book You're OK, It's Just a Bruise: A Doctor's Sideline Secrets About Pro-Football's Most Outrageous Team, touching on the controversial issues surrounding anabolic steroids.



Dr Robert Huizenga on The Biggest Loser

It was later made in to Oliver Stone's film, Any Given Sunday.

However his face has become well known on our screens away from The Biggest Loser too, as he has appeared on everything from NBC, CBS and ABC Evening News, to Nightline and Larry King Live.



Dr Robert Huizenga on The Biggest Loser

According to reports, he was also an expert involved in both the criminal and civil O.J. Simpson trials.



He was reportedly married to former Playboy bunny and model Wanda Huizenga - although it was reported in 2012 that they had separated - and they have three children, Ashley, Troy and Hayley, together.

On the Today show this afternoon, **he appeared next to Sheen shortly after the star revealed he's HIV-positive.**

The doctor explained Sheen has a low risk of being able to pass on HIV as the virus is "undetectable".

The actor revealed he has had unprotected sex with two women under the guidance of his doctor.

He said: "Yes but the two people that I did that with was under the care of my doctor and they were completely warned ahead of time."



Sheen said he told everyone he slept with he was HIV-positive.

Dr. Robert told Matt: "I've known Charlie for about five or six years.

"He was immediately put on treatment, strong anti-viral drugs. He's absolutely healthy."

Asked if it was true he had an undetectable version of the virus in the blood, Dr. Robert said: "That's completely true."



Sheen had told Lauer it was "impossible" for him to pass on the disease through protected sex but Dr. Robert explained the risk was actually "very low".

He added that he couldn't say there was a "zero" chance one of his lovers could contract HIV.

But he did admit he was "petrified" Charlie could become overly depressed again and forget to take his medication.

"It's an incredible worry," he added.



Sheen is adamant he's stopped taking drugs but is still drinking and Matt encouraged him to stop.

Asked how he will move on from today's explosive revelation, he said: "It's not great, it will be great again, I'm a survivor.

"I've been up, I've been down, I've been rich, I've been poor, I've been unemployed and unemployed."

He added that he would ride the wave of support and although he doesn't want to be a poster boy for HIV, he will help to find a cure.

Since contracting the disease the actor was reported to be receiving some of America's best medical care and has access to "high-powered drugs" such as Isentress and Truvada.

Both are antiviral medicines that prevents HIV cells from multiplying in your body.

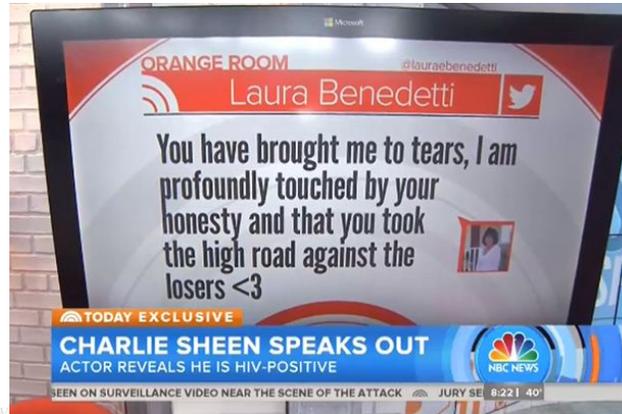


They are not cures for HIV or AIDS.

He is said to have sought experimental stem cell treatments from a Canadian doctor to increase his chances of survival.

Sheen reportedly kept his condition quiet fearing he would struggle to find work if producers knew.

Although the disease, which full name is human immunodeficiency virus, is now much more treatable, Hollywood has not been so kind.



Today Show

Throughout his life gay actor Rock Hudson keep his sexuality a secret, fearing he would be made an outcast.

In 1985, the 59-year-old died from AIDS (Acquired Immuno Deficiency Syndrome), after his immune system was broken down by the HIV virus.

His death sent shockwaves around Hollywood but helped publicize the disease to a global audience.

Other HIV positive stars who died of Aids include singers Freddie Mercury and Liberace.

<http://www.mirror.co.uk/3am/celebrity-news/hiv-positive-charlie-sheens-doctor-6848248>